Metropolitan Campus Athletics Program

Athletic Director: Yesenia Tamayo (QMHS), <u>ytamayo@queensmetro.com</u>
Athletic Liaison: Shayna Preistly (MELS), <u>spriestly@metropolitanels.com</u>

Fall Sports: AUGUST - NOVEMBER:

Girls Varsity Volleyball	Coach Faya	jfaya@queensmetro.com
Girls JV Volleyball	Coach Shean	tshean@queensmetro.com
Girls Varsity Swimming	Coach Morales	smorales26@schools.nyc.gov
Girls Varsity Soccer	Coach Beach	ebeach@queensmetro.com
	Asst. Coach Stipanov	astipanov@queensmetro.com
Boys Varsity Soccer	Coach Hong	jhong@queensmetro.com
Boys Cross Country	Coach Zaino	jlzaino@metropolitanels.com
	Asst. Coach Loh	jloh@queensmetro.com
Girls Cross Country	Coach Dudkiewicz	adudkiewicz@queensmetro.com

**FALL SPORTS- Season begins in August:

Please email the coach directly to get information regarding times, dates, and location of tryouts.

All students (including incoming freshmen) MUST have a MEDICAL AND PARENTAL CONSENT FORM completed and turned in PRIOR to trying out. NO EXCEPTIONS!

- You may tryout out for as many sports as you want BUT cannot be on more than one team per season.
 - Coach has right to deny tryout if past deadlines set by coach.
 - Only <u>ONE</u> Medical Form needs to be turned in per student
 - A Parental Consent Form needs to be turned for **EACH** sport student is trying out for.

Winter Sports: NOVEMBER - FEBRUARY:

Girls Varsity Basketball	Coach Faya	jfaya@queensmetro.com
Girls JV Basketball	Coach Freed	ifreed@queensmetro.com
Boys Varsity Basketball	Coach Loh	jloh@queensmetro.com
	Coach Rosenthal	mrosenthal@metropolitanels.com
Boys JV Basketball	Coach Hankerson	phankerson@metropolitanels.com
Wrestling	Coach Stern	mstern@metropolitanels.com
Boys Indoor Track	Coach Zaino	jlzaino@metropolitanels.com
Girls Indoor Track	Coach Morales	smorales26@schools.nyc.gov

Spring Sports: MARCH - MAY:

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Girls Varsity Softball	Coach DiLapi	cdilapi@metropolitanels.com
Boys Varsity Baseball	Coach Freed	ifreed@queensmetro.com
Boys Varsity Volleyball	Coach Shean	tshean@queensmetro.com
Boys Outdoor Track	Coach Kavourias	mkavourias@gmail.com
Girls Outdoor Track	Coach Morales	smorales26@schools.nyc.gov
Co-Ed Stunt	Coach Stalford	kstalford@queensmetro.com
Girls JV Soccer	Coach Hong	jhong@queensmetro.com