

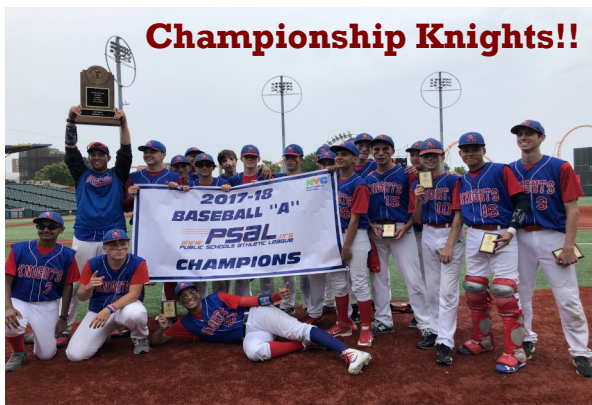


Girls JV Basketball
 Girls Basketball
 Girls Cross Country
 Girls Indoor Track
 Girls Outdoor Track
 Girls JV Soccer
 Girls Soccer
 Girls Softball
 Girls Swimming
 Girls JV Volleyball
 Girls Volleyball

Coed STUNT

Boys Baseball
 Boys JV Basketball
 Boys Basketball
 Boys Cross Country
 Boys Indoor Track
 Boys Outdoor Track
 Boys Soccer
 Boys Volleyball
 Boys Wrestling

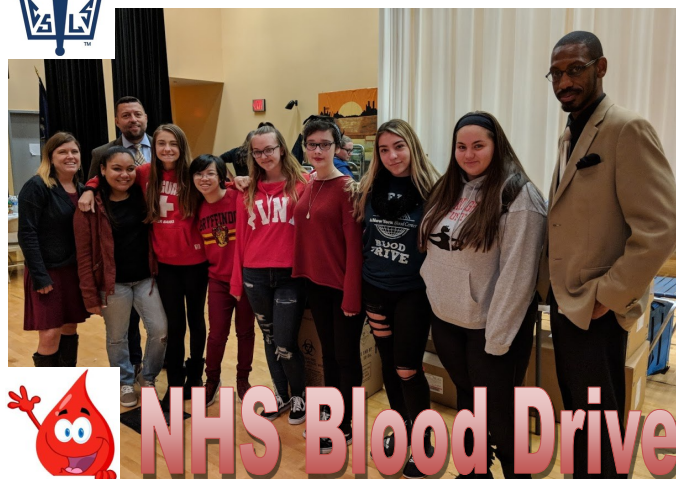
Championship Knights!!



Fall 2019 Open House Dates

Thursday, October 17th
 Tuesday, October 22nd
 Wednesday, November 6th
 6:00 PM

CODE: Q39Z



Queens Metropolitan HS

"Your path to college begins now!"



91-30 Metropolitan Avenue
 Forest Hills, NY 11375

Phone 718-286-3600
www.queensmetro.com

Saida Rodriguez-Tabone
 Principal



For more information contact our
 Parent Coordinator: Kim Ramazan
 at: kramazan@queensmetro.com

Queens Metropolitan High School “A Neighborhood School”

MISSION

Queens Metropolitan High School is a college preparatory school.

Our mission is for 100% of our students to attend and graduate from the college of their choice.

Our core values are relationship, citizenship, scholarship and leadership.

We focus on ensuring that all students:

- receive instruction that supports appropriate learning goals for them,
- are integral members of the school community,
- are active participants in the learning process,
- and have multiple opportunities for success in school and beyond.

Our instructional focus for the year is to provide students with opportunities to engage in productive struggle to push their thinking and force them to think critically; and to insist that students use evidence to make claims through whole class discussion and/or writing.

Through their academic courses, QMHS students will study and develop the knowledge, skills, and work habits of successful professionals. As upper-classmen, QMHS students will have the opportunity to earn college credit through College Now courses and other venues that will support their future goals.

COLLEGE FOCUS

*“College is not just our dream, it’s our right.
Building our futures one step at a time.”*

AP Courses:

- ♦ Calculus
- ♦ Computer Science Principles
- ♦ English Language
- ♦ English Literature
- ♦ Environmental Science
- ♦ Comp Sci A
- ♦ Statistics
- ♦ US Government & Politics
- ♦ US History
- ♦ World History

College Now Courses:

- ♦ Critical Thinking
- ♦ College Algebra & Trigonometry
- ♦ Intro to Composition
- ♦ Intro to Statistics
- ♦ Literacy and Propaganda
- ♦ Reading the Biography
- ♦ Global Politics
- ♦ Topics in Biology

Incomparable College Program: Students meet with their College Adviser 1X a week

COLLEGE ACCEPTANCE

Barnard College	Hofstra
NYU	John Jay
U Mass	Univ. of Buffalo
Boston University	University of Miami
Babson College	Univ. of Michigan
Carnegie Mellon	SUNY Binghamton
CUNY Hunter	SUNY Geneseo
CUNY Baruch	SUNY New Paltz
Penn State	Stony Brook
Pratt	FIT
Rutgers	SVA
Vanderbilt	Syracuse



January 2019—Congratulations to our Knights Wrestling team on their first Championship Banner! Go Knights!

February— A group of QMHS students represented our school in the Intra-District Quiz Show Challenge.

March—Our Robotics Team, Metro.EXE ranked 2nd at the NYC Championship Competition. They were undefeated through 6 competition rounds.

May—Our science and Math Research Students competed in the 16th annual Queens STEM Expo at York College. They also competed in the NYC Science and Engineering Fair and the Junior Science & Humanities Symposium.

May—Members of our Mathletes club competed in the Queens College Mathematics Competition. We were one of 12 Queens high schools competing.

June—Congratulations to our distinguished Arts students who were recognized at the Metropolitan Museum of Art.